

Omikalo omikulu nomipe dhokuyunga oosa dhAawambo

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Abstract

This paper describes the past and the present mourning practices and rituals of Aawambo. It examines traditional practices, which were adhered to in the ancient time, and the impact of modernization on the mourning practices of Aawambo. The paper also presents the responses of the Aawambo to the funeral rites in Oshiwambo society. Interdependent construal theory is used to identify the tenets of mutual obligations among Aawambo during the mourning rite. In addition westernisation theory is employed to gauge the impact of euro-western culture on the mourning practices and rituals of Aawambo. The data for this paper were collected through interviews, observation and documented texts. In the final analysis, the paper reveals that western cultures co-exist with Oshiwambo culture. It further reveals mourning period has become a conduit for class distinction associated with prestige, respect and economic status.

Engongo

Oshinyolwahitululokonakono shika otashi hokolola eyungo lyoosa dhAawambo muuyuni wonale nomuuyuni wonena. Otashi konakona omikalo dhopamuthigululwakalo ndhoka dha li hadhi dhigininwa muuyuni wonale notashi holola wo enwethemo lyoshinanena keyungo lyoosa dhAawambo. Oshinyolwahitululokonakono shika otashi gandja wo omayiyuvo gAawambo nkene yu uvitile eyungo lyoosa nena. Mokundjandjukununa uyelele uyihu woshinyolwa shika okwi iwegwa komadhiladhiloukitho gokukwathathana opo ku tenenekwe omikalo dhoku- kwathathana mokati kAawambo pethimbo lyoosa. Kakele kaashono, okwa longithwa omadhiladhiloukitho gokutaambako uungolo opo ku monike ondjele yenwethemo lyoshingolo keyungo lyoosa dhAawambo.

Omikalo dha longithwa mokugongela uuyezele woshinyolwa shika ongaashi oonkundathana, etongololo nokusimonona iinyolwa ya hokolola oosa dhAawambo. Oshinyolwahitululokonakono shika osha holola puuyezele kutya omikalo dhonale nodho- shinanena odha ningwa ohwangelahwahwa. Osha holola wo kutya oosa odha ninga ompani yokuholola omithika dhaantu dhomahupilo, uuzeko nuutumbentu.

1. Efalomo

Okuyunga oosa okwo omukalo hagu holoka miigwana ayihe yomuuyuni nohaku endele pamwe nomalongelokalunga nomamenkulo ga yoolokathana miigwana ya yoolokathana (Maloka, 1998). Moosa aantu ohaa longekidha iikulya niikunwa pamukalo gwi ili lela. Omukalo gwokupopithathana, omizalo niidhila yoosa ohayi kala ya yooloka komalandulathano giituthi yilwe. Mbiti (1969) ota yelitha kutya miigwana yaAfrika ohaku siwa oshimpwiyu lela opo ku dhigininwe omalandulathano gomoosa opo kwaa piyaganekwe aakwampungu, onkene ohaku ningwa omamenkulo ga yoolokathana opo ku simanekwe omusi.

Nonando oongawo eshimbuko lyuukriste nosho wo etaandelo lyomuthigululwakalo gwoshitiligane oya nwetha mo eyungo lyoosa. Omikalo dhimwe ndhoka dha li hadhi longithwa nale moosa odha filala nomikalo omipe odha pingene po omikulu. Omalandulathano gomoombwiinayi otaga pumathana pokati kiinanena niinahela.

Oshinyolwahitululokonakono shika otashi lalakanene okuteneneka omukalo gwAawambo gwokuyunga oosa nokweeta wo poontundulu enwethemo lyOshieuroopa kokulila oosa kwAawambo. Osha gandja wo omayiyuvo gaakuthimbinga kombinga yeyungo lyoosa dhAawambo nena. Mokukonakona omukalo gwoosa dhAawambo okwa longithwa omadhiladhiloukitho gaMarkus naKitayama (1991) gokuuvilathana moka aantu haa kwathathana, ya hangana notaa kondjitha uungame. Okwa longithwa omadhiladhiloukitho gokutaamba ko uuputuki opo ku tenenekwe enwethemo lyuutiligane keyungo lyoosa dhAawambo.

2. Enongonono lyiipambelenyolwa

Kapu na naanaa omambo ogendji taga hokolola oombwiinayi mokati kAawambo, ihe ope na omambo nenge iinyolwa oyindji tayi ndjandjukununa oosa pamuthigululwakalo gwAayafrika yi ili noyi ili. Mokatopolwa haka otaku nongononwa iinyolwa yAayafrika tayi

kwandjagele neyungo lyoombwiinayi nosho wo iinyolwa mbyoka tayi hokolola oosa dhOshiwambo meukililo.

Eso konyala miigwana yAafrika ohali tilika. Aaghana oyi itaala kutya oku na eso ewinayi neso ewanawa (Boateng & Aanngela-Cole, 2012). Ndeutapo (2014) ota koleke okutilika kweso kAakwambandayevi sho ta ti, “Eso ohali tilika kovakwaunyuni aveshe, shaashi inava shiiva osho shi li koufi. Ova kala neitavelo kutya ou a ya koufi okwa ililila ashike, shaashi vati ihaku alukiwa” (ep.136). Uutile weso owa holoka wo mOmayeletumbulo gAawambo ngaashi: “Eso ondundu yaNangombe, omusi nande ithana ewi ke li na we” (Haapanen, 1958, ep. 94).

Uutile weso inawu ngambekelwa owala kAawambo, oshoka mokati kAakaranga yomuZimbabwe, ngele omuntu a si ohapu ningwa omamenkulo opo aakwazimo ye yaa kwatwe komupya, onkee ohaku umbilwa iilya meziko opo ku keelelwe omupya (Mhaka, 2014). Oku na wo eitaalo kutya nakusa oha kala ontega naanamwenyo, oshoka ota tsikile oku ya yambeka noku ya thinga, onkee efumbiko lye ohali ningwa pamukalo itaagu funga (Mbiti, 1992).

Aayafrika oyi itaala kutya eso lyomukulupe ewanawa, oshoka okwa longa oshindji kombanda yevi nokwa tsakanitha ashihe sho a li e na okuninga, omanga eso lyomugundjuka lya talika ewinayi, oshoka omuntu ngoka ina tsakanitha iilonga ye kombanda yevi (Anngela-Cole & Boateng, 2012). Shika osha faathana nAawambo sho haa tumbula wo taa ti ngandi okwa si a kuta omwenyo uuna taa popi eso lyomukulupe guukulupe womutoko, ihe uuna taa popi eso lyomugundjuka oye wete ondjila ya tetulwa.

Aayafrika oyi itaala mokuhekelekathana pamangungo, onkee ngele omuntu a silwa omupambele gwe, nena ookuume, aakwazimo naashiwikile ohaa mbomboloka yu uka kegumbo lyoosa ya ka yambidhidhe aathigwapo (Selepe & Edwards, 2008; Ndeutapo, 2014). Omukalo ngoka otagu iholola momayeletumbulo gAawambo ngaashi: *Mukweni mu uvila ta li ino mu uvila ta lili, Onkugo tayi kugwa, tondoka nosho wo Tashi ku li nashi ku ethe*. Shika osha hala okutya uuna pwa holoka uudhigu, nena aantu otaa tondokelathana.

Omukalo nguka gwokusaathana ohenda ogwa ha miilongo oyindji yaAfrika. Shiino (1997) ota hokolola kutya Aaluo yomuKenya shaa pwa si omuntu ohaa mbomboloka ya ka popithe aathigwapo. Aasotho yomuLesotho nayo wo ohaa gongala shaa omuntu a hulitha (Maloka, 1998). Omukalo gwokutondokelathana otagu holoka wo muTanzania (Kilonza & Hogan, 1999) nomuZimbabwe (Ranger, 2004).

Aayafrika inaa kala aluhe ya kanyatela momuthigululwakalo gwawo mokuyunga oosa, ihe oya ningi wo omaholela, taa holele Aaeuropa.

Monale onkugo, okudhenga oongoma nokufala omatumwalaka oyo ya kala omukalo gwokutseyitha oosa. Ihe monena sho aantu ya kalathana komakule, ohaku longithwa omikalo dha kitakana dhoshinanena okutseyithila aapambe, ookuume naashiwikile eso. Ngashingeyi ohaku longithwa iikundaneki ngaashi oradio niifo nosho wo oongodhi opo onkundana yeso yi thikithwe kwaamboka ye yi nuninwa (Boateng, 2012).

Ishewe efumbiko lyombala ndyono lya li hali ningwa shaashi kwa li kwaa na ookila itali itsuwa we, oshoka ngashingeyi omidhimba otadhi pungulwa mookila manga efumbiko tali longekidhwa naashika oshe eta oonkali dhaa yungwe we omasiku ngoka gu uthwa pamuthigululwakalo (Setsiba, 2012). Monale omukwaniilwa oye owala a li ha lilwa omwedhi (Loeb, 1962), ihe ngashingeyi aantu mboka taa sile kiilongo yokondje otaa vulu okulilwa omasiku ga vulithe pugane, shaashi omidhimba ohadhi tutwa ko noondhila. Aantu mboka wo ya simana nenge aazeko otaa lilwa omasiku ogendji (Boateng & Anngela-Cole, 2012). Elelepeko lyomutumba gwoosa otali vulu wo li etwe komukalo omuntu a mana oondjenda omolwomakonakono gopawunamiti niikwambelewa yilwe.

Ngubane (1977) ota yelitha kutya Aazulu oyendji ihaa vulu we okudhiginina omikalo dhawo dhokulila oosa, oshoka oye li momidhingoloko dhi ili. Mpaka Ngubane okwa hala okuholola kutya embombolokelo lyAazulu miilando olye eta opo Aazulu ye ethe omikalo dhawo omikulu dhokuyunga oosa shaashi itadhi opalele miilando. Onkalo ya tya ngeyi otayi holoka wo nomAawambo, oshoka Aawambo mboka ye li miilando itaa vulu naanaa okupanuna omagumbo gawo goongulu noshikwawo eyuko lyomitoko itali vulu wo okuningwa pamukalo gwokuushamba, oshoka ooveta dhaMuni itadhi tsu dhi thithe nomukalo gwokweekelahi umutoko pongalangala.

Letsosa (2010) ota hokolola kutya momalukanda gaSouth Africa ohamu ningwa okatuthi kokutheta po omahodhi mono aalilasa haa nu iikolitha, haa ndaanisa nokuyogelela opo ya dhimbwe nakusa. Omukalo nguka otagu tsu ondumbo noohedhi dhOshiafrika, oshoka Ngubane (1977) ota hokola kutya okulyaagula, okugeya, okupopyagana nokuyogolela okwa talika kutya okwo oshidhila moosa. Sha hala kutya iidhila yimwe oya lyukithwa konkalo ompe.

Ashike aakalimo yomiilando inaa etha po thiluthilu omuthigululwakalo gwawo. Omikalo dhimwe dhopamuthigululwakalo odha dhigininwa natango miilando ngaashi okutsela oongombe dhoosa nosho wo okweeta omudhimba kegumbo lyanakusa opo ku ningwe etalo lyoshipala (Setsiba, 2012). Omukalo wo gumwe gwa dhigininwa ogwo okutema omulilo gwoosa kuhegona mokati kAawambo miilando. Mbiti (1969) ota hokolola kutya Aaherero ohaa tema omulilo ngono gwa

kwatela po uuntu womuntu. Okwa tsikile ta yelitha kutya omulilo nguka ogwa kalela po onkalamwenyo, uuzeko nekwatathano pokati komuntu nuuyuni waa wetike. Shika osha hala kutya omulilo ohagu temwa poosa opo gu ulike etsikilo lyonkalamwenyo muuyuni waa wetike.

Omukalo tagu tapateke ngoka gwa holoka moshinanena ogwo ngoka kutya omafumbiko nenge oosa odha ninga ondilo noonkondo, oshoka oosa odha shituka ontanda yomaitalitho nomaningilathanoko miigwana yaAfrika naashika otashi eta aathigona ya gwile moongunga nomoluhepo lwondondolo (Wiredu, 1995). Shika osha hala okutya Aayafrika oya kwatwa komaholelathano naamboka ye na omuthika omuhupi otaa nyengwa okulimbandungila, onkee ezimo kehe otali iyeke opo lyaa sasanwe, ihe eyiyeko ndika olundji ohali landulwa keyiyaneko.

Etaamboko lyoohedhi dha za palwe olye eta wo iipala iyali yAayafrika. Omwaafrika okwa papata omuthigululwakalo gwe nosho wo omuthigululwakalo gwAayeuropa, onkee taku monika omusita nenge omukwambepo gwontumba ta tondokele koosa a ninge euvitho pashikriste mesiku lyoshitondoka, ko taku ningwa wo kuyamwe omamenkulo goshipaagani (Setsiba, 2012).

Nonando kwa hokololwa eyungo lyoosa miigwana yilwe yaAfrika ohela nonena, eyungo lyoosa lyAawambo olya hokololwa owala pamuthigululwakalo. Aakonakoni yamwe (Bruwer, 1967; Estermann, 1976; Hahn, Vedder & Fourie, 1928; Loeb, 1962; Ndeutapo, 2014; Nghishiilenhapo, 1996; Tönjes, 1996) oya hokolola oosa mokati kAawambo. Aakonakoni ayehe mbaka oya ndjandjukununa nkene oosa dhAawambo hadhi yungwa. Oya tumbula wo iidhila mbyoka hayi dhigininwa moombwiinayi noya gugunya ko wo komukalo gwetopolo lyuuthiga. Oya hokolola wo nkene Aawambo haa tondokelathana uuna ezimo lyontumba lya kanitha omukwazimo gwalyo.

Aahokololi ayehe mbaka oya hokolola owala shoka hashi ningwa moosa pamuthigululwakalo gwAawambo ihe inaa hokolola enwethemo lyOshieuropa keyunga lyoosa dhAawambo, onkene otaku hitululwa moshinyolwa shika omauyeleele ngoka taga gandja omufango omupe gwoosa nena. Otaku hitululwa shoka sha hupa po momuthigululwakalo gwAawambo shoka inaashi siilikwa konkalo yoshinanena. Otaku hadhahadhwa wo omauyeleele ngoka taga holola eyungo lyoosa dhAawambo miilando ndyono tashi vulika tali yooloka keyungo lyoosa muushamba.

3. Omukalo gwegongelo lyuuyeelele

Omukalo gwa longithwa mokugongela uuyeelele ogwo okutongolola

iiningwanima yomoosa, okulesha omishangwa ndhoka dhi li po tadhi hokolola oosa dhAawambo nokuya moonku- ndathana naakuthimbinga.

Mehitululokonakono ndika okwa longithwa wo omukalo gwokuhitilila nokusinasina oshinima opo ku monike omatompelo nomatedho kombinga yoshiningwanima. Omukalo nguka ogwi iwegwa kugwo opo ku gongelwe uuyezele wothaatha. Aakuthimbinga oya yamukula omapulo ngono ya pulwa pethimbo taku ningwa oonkundathana nayo. Uuyezele owa gongelwa ku konenenwe omikalo omikulu nomikalo omipe dhokuyunga oosa noku uthwe omuthika gweyungo lyoosa dhAawambo nena. Ehitululokonakono ndika olya lalakanene okukonga omayamukulo komapulo taga landula:

Omikalo dhini hadhi landulwa mokuyunga oosa paShiwambo?

Omalunduluko geni ge ya meyungo lyoosa dhAawambo nena?

Aawambo oyu uvitile ngiini eyungo lyoosa nena?

Okwa hogololwa aantu yomapipi ga yoolokathana ngaashi aakuluntu naantu yepipi lyopokati opo ku talike ondjele yomaiyuvo gawo kombinga yoosa nena. Aakuluntu oya hogololwa shaashi oye na euvoko enene miikwamuthigulwakalo noinaa nigilikwa unene kuunanena. Aantu yepipi lyopokati oya hogololwa shaashi oyendji yomuyo oya nwehwa mo unene koshinanena. Aakuthimbinga oya hogololwa pamukalo gwe ya odheka opo ku hogololwe omapipi ngoka ga shonekwa mehitululokonakono ndika. Aakuthimbinga oya li 20, aakokele naambo yepipi lyopokati yomOndando mOniipa mOshitopolwa shaShikoto. Shika osha ningwa shaashi omuhitululikonakoni omvatelele yaNiipa nosha kala oshipu kuye okuya moonkundathana naashiwikile pwaa na olugwenye lwasha. Osha kala wo oshipu okutongolola iiningwanima yomoosa dhaapambebe naashiwikile momudhingoloko gwaNiipa.

4. Omukalo gwendjandjukununo lyuuyezele

Mokuvongokonona uuyezele wehitululokonakono ndika okwa longithwa omukalo gwevongokonono lyoshikalimo kwi ikolelelwa komapulo ngoka ga nuninwa ehitululokonakono. Omayamukulo oga ngundupikwa kwi ikolelelwa komayamukulo gaakalimo yomOndando mOniipa ye li 20 aakokele naambo yepipi lyopokati. Omahuku ngoka ga kunguluka momayamukulo oga vongokononwa, ga fatululuwa nongushu yago oya tulwa koshaalo kwi ikolelelwa komahitululo ga ndjituka momahitululokonakono ga vundwa palwe.

5. Ehokololo noshizemo shehokololo

5. 1 Eyungo lyoosa mokati kAawambo monale

Aawambo oyi itaala kutya eso olyo omuyenda omwiinayi. Aawambo ohaa tila eso noonkondo, onkee pe na iidhila oyindji ya kwatakanithwa neso. Omuntu ta zi koosa iha piti pomagumbo gaantu ota ningi a pitike aantu oosa. likulya niikunwa yoosa ohayi longekidhwa pamukalo gwa weya, oshoka aantu oye li moshituthi oshiwiniayi.

Okutila eso mokati kAawambo okwe eta Aawambo ya menkule iimenkula oyindji noya tule po iidhila yi ili noyi ili opo ye li ye moshipala. Oosa ohadhi yungwa wo omasiku gi iyalula opo ku keelelwe eso lyaa taandele. Omunenentu ngaashi omukwaniilwa oha lilwa omwedhi. Oosa dhokaana ohadhi lilwa omasiku gaali omanga dhomukuluntu hadhi lilwa omasiku gane. Ombila ya lala ya fulwa ohayi shigakanekwa oshidhime opo eso lyaa taandele mezimo lyanakusa.

Monale shaa omuntu a tokoka aanona megumbo ohaa yakwa mo e taa ka kala komagumbo, oshoka aanona paShiwambo ihaa tala omudhimba. Ngiika shika osha ningwa nelalakano lyokukeelela omahaluhalu mokati kaanona.

Monale omudhimba ohagu kuutumbikwa. Omagulu ohaga tonywa e taga kala gu uka pontulo nomaako otaga shigakanekwa pontulo. Omudhimba ohagu fumbikwa gwa tonywa opo eso lyaa taandele. Okwi itaalwa kutya shaa gwa kala gwa taandela otagu hunu aantu ya se oyendji (Tönjes, 1996).

Opu na wo omikalo ndhoka dhi na okulandulwa moosa. Siku lyoshitondoka, hegona yanakusa oha tema omulilo ngono hagu kala gwa tema esiku kehe oosa dhi li momutumba. Pethimbo lyoosa momulilo nguka omo hamu kuthwa omililo ndho tadhi ka temwa palwe. likuni yomulilo gwoosa ihayi tulwa po nelandulathano. Ohayi tulwa po ashike mbi yi li po uuhulo mbi yi li omitse shaashi otayi tema poombwinayi. Ngele omukulukadhi oye a si omulilo otagu temwa pelugo, ihe hapomasiga mpoka a li ha teleke. Ngele omusamane oye a hulitha, nena omulilo otagu temwa pondunda yoondjupa nenge poshinyanga, ihe hapeziko lyoshito. Osheelo shoshinyanga otashi shigakanekwa iiti e tapu panunwa osheelo oshipe. Omulilo gwoosa dhaamati okomitala dhawo nogwoosa dhomukadhona okoondunda dhawo. Egumbo ohali panunwa kuhegona. Omasiga ohaga wangulwa kuhegona ngele omukulukadhi a si, iipundi nayo ohayi wangulwa kuhegona ngele omusamane a si mesiku ndyoka lyoshitondoka. ligandhi ohayi siikululwa kuhegona e tamu kuthwa iilya yi pewe oondjuhwa, opo anuwa iilya yi fudhe. Omutse gwondjugo ohagu tonywa ngele omusamane a pu po opo oku

hololwe kutya omusamane a tetekele. Ondjugo ohayi kumunwa kuuzilo kuhegona. Ohamu vulu mu hingilwe oongombe opo dhi yi kumune po. Ondjugo ndjika ohayi ululwa nomuhi nokukumunwa po koongombe ngele omusamane a si, oshoka ondjugo “oyomusamane” nonande hayi lala omukulukadhi.

Kakele kiinima mbyoka yi na oku ningwa moosa, opwa kala wo iinima mbyoka ya indikwa. Pethimbo ndika aantu ihaa tyaya, oshoka ohaku temithwa owala iiti yegumbo. Anuwa ngele owa tyaya, oto ityayele oosa. Inaku pitikwa wo aantu ya ye momilalo. Okupopyagana nokuyolagana wo inaku pitikwa, oshoka aantu oye li moombwiinayi. Omukalo nguka otagu adhika wo momihoko dhomuSouth Africa (Setsiba, 2012).

Aalumentu ngele taye ya moombwiinayi ohaa humbata oondhimbo ye dhi tula komapepe gokolumoho noshikaha shokolulyo naakulukadhi uutungwa wawo ohaye wu kulula ko komitse e taa wu humbata noshikaha shokolumoho wu li popepi nepepe lyokolumoho inaawu siikilwa. Olumoho mpaka otalu longithwa shaashi olwa talika ombinga ombwiinayi tayi opalele oombwiinayi. Aapenduli ohaa tenteke uumbale pevi shaashi moosa ihamu taambathanwa iinima litumbula ya nuninwa oosa ohayi kala tayi tumbulwa poosa ngaashi: Olye a pumu kombago a dhimbuluthe omuteki? Kunda ongundu ngee kwa luudha ongame. Ombidhi nayo omelila ngaa. Omukalo gwokulongitha itumbula ya tya ngiika otagu holoka gwi ihanena muAfrika, oshoka Boateng (2012) ota hokolola kutya mokati kAaghana poosa ohaku longithwa itumbula ngaashi “Kunda mboka ye tu tetekele e to ya lombwele kutya otu li nawa. Tu longekidhila ehala” (ep. 39).

Oombwinayi meni lyegumbo ohadhi yungwa pomahala gontumba shi ikolelela komuthika gwanakusa. Omumati oha lililwa pehale hono oko ku na omitala dhaamati, omanga omukadhona ha lililwa lwokomitata gwe. Omukulukadhi oha lililwa pelugo, omanga omusamane ha lililwa poshinyanga oshinene. Oosa dhokanona okashona ohadhi lililwa poshinyanga shondjugo nenge pondunda yosakalwa. Oosa dhomukwaniilwa ohadhi yungwa shi ili kashona kundhoka dhomuthigona. Ndeutapo (2014) okwa hokolola omahala gokulilila oosa mOshimbadja ta ti: “Omushamane oha lililwa keenduda daye. Omukulukadi oha lililwa pepata laye nokaana kanini ohaka lililwa ngoo nee pepata laina. Omunyasha omumati nokaadona ohava lililwa komihandjo ile komitala davo” (ep. 136).

Pamuthigululwakalo Aawambo oyi itaala kutya omuntu iha si inaa logwa. Shika otashi holoka moshitewo shontakumandjimbo yAawambo yosheeli:

...Yaye mulodhi nandhimbo yaa monika

Yaye mulodhi e n'onyanya

Ila po onyama yoye... (Dammann & Tirronen, 1975, ep. 129).

Shika osha hala okutya Aawambo oya kala yi itaala kutya eso ohali etwa kuulodhi. Ashike eyeletumbulo lyAawambo ndino otali siililike eitaalo ndika: Inoo loga inoo enda pokagumbo ke ku tonde. Oshinima shuulodhi osha sasaniwa lela kuLoeb (ngaashi sha thamunwa muHiltunen, 1986). Loeb (1962) okwa li a ningi omahitululokonakono mokati kAakwanyama nokwa nongele kutya:

Omaitaalo gAakwanyama muulodhi otaga ilyata owala noitaga tsu kumwe. Shotango, oku niwe eitaalo kutya omulodhi oku na okukala a za mezimo lyontumba. Ashike aantu yomazimo galwe nayo ohaa lundililwa uulodhi. Aantu oyi itaala kutya uulodhi omuntu oha zi nawo mela ihe wu ilongo. Oyi itaala kutya omuntu uulodhi ohe wu pewa kuyina. Yalwe ohaa ti okanona uulodhi ohake wu yama kuyina... (ep. 43).

Oohapu ndhoka tadhi hokololwa kuLoeb odha nika oshili lela, oshoka Aawambo oyendji oye na omaitaalo guulodhi gaa na mutse nandungu notaga lyatakana owala. Ohaa totha mo omazimo gontumba taa ti ogo gaalodhi ihe oto haluka owala kehe gumwe tu ulwa omulodhi. Shaa ngaa pwa ningwa okanima yo taa tameke taa ti ope na sha taa lundile omuntu gwontumba kutya a logo. Ishewe ope na yamwe ye na omaitaalo gopombambo kutya aawiliki ayehe oye na omeho. Komeho gaantu anuwa omuntu ita kala ko owala. Mo mezimo kehe ohamu vulu mu ze omuwiliki. Aawambo nayo yene wo oye shi nongela momayeletumbulo gawo: Oshikulugumbo ihashi pu omakwega; egumbo enene ihali pu aalodhi. Ondjugo yomomuthitu kayi pwa evi. Egumbo enene ihali pu aalodhi. Yamwe ishewe ohaa ti: Uulodhi kawu na mwene. Shika osha hala kutya okwiimpwiwika nuulodhi okwiitula miinima yomilema thokothoko nokwiivonga miinima yaa na mutompo.

PaShiwambo sho shene omuntu oha fumbikwa ngaa esiku ndyoka a tokoka. Omudhimba ohagu gonyenwa mombanza onduudhe e tagu ka fumbikwa. Omudhimba gwomusamane ohagu tonyenwa moshipa shontsezi omanga omudhimba gwomukulukadhi gwa li hagu tonyenwa moshipa shongombe onkiintu. Kombila ohaku kala nduno ku uluka omuhi ngono gwa li hagu tsithwa kugumwe gomaakulukadhi. PaShiwambo sho shene omukulukadhi oha fumbikwa melugo nenge posheelo shondjugo. Omusamane oha fumbikwa moshitemagunda, omanga aamati haa fumbikwa moshigunda shuutana. Aakadhona naakulukadhi yomuthika gwopevi ohaa fumbikwa moshini. Okahanona ohaka fumbikwa moshisitameno shi li popepi nondjugo. Aakolokoshi

ihaa fumbikwa ohaa umbilwa owala miihwa yomudhime. Omuntu a si omeya oha fumbikwa pooha nomeya moka a sile naangoka a gu komuti ota fumbikwa momuti moka. Omuntu a sa kondjala iha fumbikwa oha thigwa owala mpoka e li.

Moosa dhomusamane omukulukadhi oha zala iinguyo yomusamane gwe naashika ohashi ithanwa okupilikila. Elalakano lyaashika anuwa opo omukulukadhi a hupule mwene. Aniwa ngele shoka osha ningwa nena efano lyomusamane otali zi mo momadhiladhilo gomukulukadhi. Pethimbo lyoosa aakulukadhi ohaa kutha mo iizandulo ayihe ngaashi oonyoka, oongondo nosho tuu. Ihaa igwayeke olukula noihaa iyogo sigo oosa dha halakana monale. Shika otashi kondjitha uundjolowele womuntu.

Elaka wo lyomoosa ohali kala li ili. Oshitya 'onyama' moosa niinima yilwe ohayi tulwa oshitetekeli *oshi-* nenge *ii-* ngaashi oshinyama nenge iinyama, iihema nosho tuu. Oshinyama oshi na okulongekidhwa pamuthika gwopevi, oshoka oshopoombwinayi. Ihashi tulwa omongwa nosho wo iitowaleki yilwe. Ngele tashi pakwa po, ihashi kala sha pya nawa nongele tashi yothwa natango ihaku tegelele shi pye thiluthilu. Monale momuthigululwakalo gwAawambo, oshinyama osha li hashi pakwa po inaashi yogwa nehoho ndyo lya kakatele koshinyama nalyo mombiga omo tali yi, oshoka oshinyama. Iilovu niintaku ohayi kwatakanithwa lela noombwiinayi melongekidho lyayo. Iiyuma noondjupa dhomalovu ihadhi fumbikwa mevi dho ishewe ihadhi tulwa omavi komulungu, oshoka iikunwa mbika inashi pumbiwa yi talale. Iiyuma noondjupa mbika ohayi kala owala poontundulu ihayi siikilwa. Elongekidho lyiikulya niikunwa lya tya ngeyi otali holola kutya olya imbi wo aalilasa kaaya lyaagule nokaaya nwaagule opo ku kalekwe po einyongameno negundjilo.

Elunduluko lyelaka ndika olya kwatela mo wo omapopithathano. Aantu mboka taye ya moosa ohaa popitha taa ti: *Omu li momutumba?* Otaku yamukulwa aantondokinkugo taku ti: *Ee-ee, ne mwa tondoka* nenge *Ee-ee, ne mwe shi uvu ko?* Oshitumbula shika: *Mwa tondoka* osha kankamekelwa ketseyitho lyeso pamuthigululwakalo gwOshiwambo, oshoka uuna omuntu a hulitha, nena ohaku uvika onkugo, nenge ondigolo ngele oosa dhomukwaniilwa nenge dhomuntu a yakulwa kolwaadhi naamboka taa uvu onkugo nenge ondigolo otaa tondoka yu uka hoka taku zi omawi. Shika otashi kolekwa wo kuNdeutapo (2014) sho ta hokolola kutya shaa omuntu a hulitha aanegumbo ohaa kugu onkugo yoosa. Aashiinda ngele yu uvu onkugo ndjoka ohaa matukile kegumbo hoka kwa siwa yi italele ko.

Aantu taa pendulathana ongula onene moosa ohaa ti: *Mwa shigama?* Uuna aantu taa halakana nenge taa zi moosa ohaa ti: *Twa piti mepya*

yakwetu nenge Twe ke egeka. litumbula mbika ohayi longithwa shaashi ngele oosa tadhi halakana ohashi ningilwa mepya noshikwawo omuntu ngele ta zi megumbo lyoosa ota vulu okutaakana nomepya. Oshikwawo aalumentu oyo haa laleke taa ti: Twe ke egeka, oshoka ohaa ka egeka iiti yawo komagumbo (Ndeutapo, 2014).

Mokuluka omadhina guunona poosa ohaku longithwa iityadhinalala yonomenawina Omadhina guunona wa valwa moosa nenge wa thigwa inaawu valwa komusi ohaga kankamekelwa koosa. Omadhina ngaashi Amakali, Enkali, Nanghali, Shithigona nosho tuu, ohaga lukwa okanona ka valwa pethimbo lyoosa nenge ka thigwa mela kuhe (Amkongo, 2011). Shika osha hala kutya uunona wa valwa poosa ihawu lukwa, ohawu iluku wo wene.

likulya ayihe yoosa oyi na okuliwa po e tayi pu po sheke. Oyi na wo okutelekwa pamukalo gwi ili yi holole kutya oyoombwiinayi. Onyama yoosa ihayi dhingulwa nandenande. Ohayi liwa po owala ontalala, oshoka ngele owe shi ningi, nena oto hiya oosa kaayeni nenge maayeni. Kombinga yimwe nguka wo omukalo gwetalaleko, oshoka ngele owa kala to li onyama yoosa uule wethimbo, nena omadhiladhilo goye otaga ipula ngaa nanakusa nopamukalo gwa tya ngeyi oto hupula nuudhigu. Ishewe okukala to popi oshitya 'oshinyama' konima yoosa kaku na ehekeleko. Shika wo otashi tengula omadhiladhilo gaantu yamwe yaa kale yu uvite ya kuthwa omukaga koosa yo ya kale ye dhi yuulukwa dhi ya kuthe omukaga natango. Oshinyama nosho wo iikulya yilwe ihayi landithwa yo ihayi pungulwa oyi na owala okugandjwa kaalilasa. Anuwa omuntu iho ipungulile oosa maandjeni. Ngele owa landitha iikulya yoosa oto hiyile oosa kezimo lyeni nomaandjeni. Pakutala ngele owu na okangeshefa wa tsilika mo iikulya nenge iikunwa yoosa osho efano ewinayi momadhilongo goye mwene. Aawambo ishewe oyi itaala kutya ngele oto shingitha iinima yoosa, oto hunu po ezimo lyeni. Pauhupi iikulya niikunwa yomoosa oyi na okuhalakanithwa po pahalakano.

Pamuthigululwakalo gwOshikwanyama uunona ohawu zalekwa iipando tawu zalekwa komu- pambele gwahe manga inaawu lya oshihuli shoka hashi zi kontsezi yamwene gwegumbo. Uunona ohawu zalekwa oshipando tawu tamekwa kungoka omukuluntu sigo okonkelo ndjoka hayi zalekwa okalwaale.

Aanona noombushe yanakusa (omusamane) ngele taa li oshihuli ohaa kuutumbikwa komuhi poshinyanga e taa yothelwa oshihuli shontsezi. Oha kuutumba ya taalela kuuninginino. Aanona ohaa yothelwa oshihuli poshinyanga tashi yothelwa kiipamba yoongombe mbyo hayi kala ya lekwa poshinyanga. PaNdeutapo (2014) oshihuli ohashi yothelwa kiikuni yiiti yolupale. Oshihuli omunona ohe shi pewa kuhegona ngoka te mu kutha po nohe shi taamba nduno nolumoho, oshoka ota pewa

sha poombwinayi nongele ina hala a kuthwe po kuhegona ngoka, nena oshihuli ohe shi umbile mo owala metemba sigo te shi pewa kungoka a hala. Onkelo, aakwana nelongo ihaa yi po pehalakano/pomwaale yo ishewe ihaa li oshihuli. Aantu mbaka wo ihaa thigululwa po noihaa kwiininwa. Sha hala kutya inaa pumbwa eyambeko lyahegona pohango shaashi kaye na omupya. Ihaa zalekwa wo oshimona oshiluudhe ngaashi oothigwa oonkwawo. Okwi itaalwa kutya aantu mbaka kaye na oshidhila. Onkelo ohayi zalekwa owala olwaale. Pamuthigululwakalo gwOshiwambo aaselelume naaselelekadhi ohaa thigululwa po kaakwazimo. Omuse- lekadhi oha thigululwa po komupambe gwomusamane omulumentu. Omuselelume wo oha thigululwa po komupambe gwomukulukadhi gwe omukiintu. Shika osha hala okutya omuselelume ota hokana omukiintu omumwayina gwomukulukadhi gwe nomuselelekadhi ota hokanwa komulumentu omumwayina gwomusamane gwe.

Siku aantu taa halakana omutoko gwoosa ohagu yukwa mo kuhegona ongula onene. Hegona oha kutha po omutoko peziko omake gaali nolumoho. Ohayi namukwawo e taa ka tila omutoko moshidhime nenge ngaa mondjila. Hegona nosheendo she ohashi vulika ya tilehi omutoko nande opekota lyomugolo naashika ohashi ningwa omuntu ta tilehi omutoko a taalela kuuninginino. Iiyagaya ayihe wo olyo siku tayi tutwa mo megumbo pakwatelo komeho lyahegona. Iiyagaya mbika hegona ohe yi tilehi a taalela kuuninginino.

Siku oosa tadhi halakana, aantu ohaa yi mepya etango opo lya piti e taa thikama ya taalela kuuzilo e taa imwenene okathimbo e taa tsu omazima. Konima otaa igwayeke evi komaako. Okwiigwayeka evi otaku ulike okuhupula omuntu. Shika oshinima owala shaakwazimo.

Pehalakano ohapu kala omukalelipo gwamwene gwomukunda nenge mwene gwomukunda ye mwene opo a ndhindhilike shoka tashi tokolwa po. Ngele oya kuutumba mepya ohaa kuutumba ngaa ya ninga ongonga. Omukwazimo nenge omushiinda shanakusa, omusamane nomu- kulukadhi ohaa thikama ya pilamenathana gumwe a tala kuuzilo nomukwawo a tala kuuninginino. Ngoka a taalela kuuzilo ohi igidha ta pula ngele opu na ngo a lilwa sha kunakusa nenge a lila nakusa sha. Aantu mbaka yaali ngoka a taalela kuuzilo oku lile po nakusa naangoka a taalela kuuninginino oku lile po aantu mbaka ya lilwa oondjo kunakusa. Ngele nakusa oku na oondjo ohadhi futwa kezimo lye.

linguyo yoosa ohayi kuthwa mo nduno komukwazimo gwanakusa e te yi umbile pevi. Hegona oye ta kutha po piinguyo tango nopo ihe aantu yalwe taa landula ko. Uuna aantu taa topola iinguyo yanakusa ihayi taambathanwa, ihe ohayi umbilwathana owala. Ethigululo olya li lya nika embulukutulo lyiinima, oshoka shaa gumwe okwa li ha yakula po

she.

Aantu ngele taa thigulula iinguwo yanakusa, he nenge hegona oye ha kutha po sha tango manga aantu yalwe inaaya kutha po sha. linima tayi landula ohayi thigululwa po owala kuhegona: uutati, ondjembo, epaya, elilo, etiti nenge etemba moka mwa li hamu lile nakusa, etenga lyomahini, nondjupa yokuhikila ngele omulumentu nongele omukiintu onyoka, omuhanga, olutengwa nomagwe. Oshimona nokaaga ohayi yi kaakwawo. Ongalo, oshuuma shuusila, etiti nokayiga nayo wo ohayi thigululwa po kuhegona yomukiintu. Mokayiga moka omo hegona telekele ekondombolo nenge ngaa omweelelo moosa.

Pehalakano ihapu kala inaapu tiwa omuntu okwa lya oondjo nonando kadhi shi dhoshili. Ngele oku wetike kutya sho kwa pulwa kutya opu na ngu wa lilwa sha kunakusa ndee aantu oya mwena owala, gumwe oha vulu a ye mo ta ti, “Ngaye okwa li a kutha ndje ospenitha yandje ndele ine yi galula. Onda hala ihe yi futwe nenge Ngaye okwa li nde mu pa onane yandje ihe ine yi galula onda hala ihe yi galuke. Sha hala kutya ngele omuntu ina lya sha shomuntu, nena ohapu popiwa iinima yanathangwa tayi holola kutya ina lya sha shomuntu. Ngele okwa lya sha shomuntu nena ngoka a lilwa oha pulwa ngele oku na tuu oombangi nenge pamwe pu na ngoka a lombwelwa sha kunakusa sha tya ngaaka.

5. 2 Oombwinayi dhomukwaniilwa

Oosa dhomukwaniilwa ohadhi ningi shi ili kundhoka dhomuthigona. Uyelele kombinga yoosa dhaakwaniilwa owa monika owala miilongo ine, onkee otaku hokololwa owala oosa dhaakwaniilwa miilongo mbyoka uyelele wa monika.

Omukwaniilwa ngele a tokoka, ihaku tseyithwa mbala kutya okwa tokoka. Aambala ohaa kala owala taa ti omukwaniilwa ku uvite nawa nande, oshoka ohaku kala taku ningwa omalongekidho omanene ge na sha naangoka ta yi koshipundi. Omayiningitho ngaka ohaga kala ge wetikile ngaa moompangulushushu kaashamba yamwe ihe ihaa makuka, oshoka otaa iyetele. Pethimbo ndika ihaku pitikwa aantu yalwe ya mone omukwaniilwa, oshoka aniwa ota alukililwa.

Konima yokutula iinima pomahala yi na sha nomulanduli gwomukwaniilwa, nena eso lyo- mukwaniilwa otali tseyithwa ihe. Ngele taku tseyithwa nee kutya a tokoka, ohaku ligolwa nokudhengwa oontunda opo ku tseyithwe ongondji. Omukwaniilwa oha hulwa oonguyo shaa a tokoka. Ohapu dhipagwa ontsezi onduudhe omudhimba e tagu tulwa moshipa shoka. Omudhimba ohagu falwa moshigunda e

tagu kuutumbikwa nduno gwa tala kuuzilo. Ontunda yoosa tayi hikwa noondjembo sho dhe ya odha tameke hadhi umbwa. Aakulukadhi ohaa tameke okuligola. Iiyelo ayihe iikulu otayi thitikwa notapu ningwa iiyelo iipe. Omulilo gwoosa ohagu temwa ihe kuhegona.

Oshilongo ohashi mbomboloka nduno shu uka kombala shi ka lile omukwaniilwa. Aasamane ngele taa thiki, ohaa dthingoloka oshigumbo pamwe naakulukadhi yo taa lili taa ti:

Yaye, tate

Ke mo ke mo

Omwe e li ?

Ke mo, ke mo

Nanyemba dhomagwe?...

(Dammann & Tirronen, 1975; Namuhuja, 1983)

Monale oosa dhomukwaniilwa mOndonga odhali hadhi yungwa omwedhi lwaampo. Pethimbo lyoosa dhomukwaniilwa oosa ohadhi kala tadhi pendulwa ongula onenenene kaakulukadhi yane nenge yahamano ya tya uudhimbo taa konkola kiiti yoshinyanga shamutyakemo. Otaye shi dthingoloka taa kookaya nokutangumuna osimu. Thimbo taa kookaya ngawo ohaa ligola po uundigolo tawu dhakula. Oosa dhomukwaniilwa ohaku ti ongodji, oshoka ihaku longwa sha. Aantu ihaa longo mepya kutya nee opethimbo lyoondima nenge lyokuteya.

lituku (muSalokoski, 2006) ota hokolola oosa dhomukwaniilwa mOndonga ngeyi:

Mesiku etitatu lyoosa aalumentu yaali aakokele mbo ye na oshinakugwanithwa shokufumbika omukwaniilwa otaye ya pomudhimba. Otaa tumbu ko ondunda e taa pula omukiintu omupika a teye omasipa gokomagulu nogomaako gomudhimba e ta kutha mo omongo ngoka hagu longithwa mokugwayeka omukwaniilwa omupe ngee ta langekwa. Omukiintu nguka omupika ota kutha ishewe othipa ketundji lyokolumoho, kokugulu kwokolumoho, kepepe lyokolumoho nokombunda kolumoho lwomudhimba. linima mbika ayihe ohayi hukilithwa oshimona shomukwaniilwa sho ha zala siku lyelangeke lye (p. 174).

PaEstermann (1976) oosa dhomukwaniilwa mUukwanyama nadho ohadhi ningi ethimbo ele naambo taye ya koosa dhohamba ohaa ende taa ti: Okahiye, okayima haka li ohamba. Sho aalilasa taa thiki pombala

otaa ti: Omo e li? Ke mo, ke mo. Ohaa kala taa dhingoloka ombila yo taa tangumuna ongula kehe. Ohapu hikwa ohiya tayi lombola oosa. Omuntu ngoka a si pethimbo lyoosa dhomukwaniilwa iha fumbikwa oha ekelwahi owala miihwa.

MOMBadja omukwaniilwa shaa a tokoka eso lye ohali holekwa ngaashi naanaa kOndonga opo ku kongwe ngu ta lala oshilongo. Omudhimba gwomukwaniilwa ohagu tulwa moshipa oshiludhe shontsezi. Estermann (1976) ota hokolola kutya omazinyo ngoka haga kala taga zi momudhimba omu na limwe li na ombepo yomukwaniilwa, onkee ohali fumbikwa pamwe naye opo lyaa piyaganeke aakwambandayevi. Ezinyo ndika olya li hali dhimbululwa shaashi olya li hali kala enene komakwawo (Estermann, 1976).

Aambadja oyi itaala kutya ombepo yomukwaniilwa oyi li momasipa nomoothipa dhe. lilyo mbika ohayi kuthwa po shaa omazinyo ga gugunya ko oontumba nohayi longithwa mokupameka omukwaniilwa omupe. Oothipa ohadhi hukilwa tadhi ningwa okanyoka komukwaniilwa omupe te ka zalekwa mothingo nohadhi tulwa kumwe opo ku hukilwe ohiya yoshilongo (Salokoski, 2006).

Eso lyomukwaniilwa nomOngandjera ohali holekwa nomatompelo ga faathana ngaashi miilongo iikwawo. Ohaku ithanwa aakiintu yatatu naalumentu yane ya za mezimo lyaakwaniilwa ndyoka ihaali lele we. Aakwawo yaNiilwa ohaa iyakele megumbo taa pitile keyelo lyaakiintu. Ohapu etwa ontsezi onduudhe e tayi pondwa sigo ya si. Ongombe otayi yuywa opo omukiintu a kuthe ko iigegeti yomukwaniilwa. Omudhimba otagu tonyenwa moshipa. Manga etango inaali pita iimpungu ine otayi humbata omudhimba tayi gu fala kombila ya landulwa kaakiintu. Omudhimba otagu kuutumbikwa koshipundi shuukwaniilwa mombila. Ashike ngele omukwaniilwa oku na sho ya yona ngaashi ngele okwa mitikile okakadhona inaaka fukala nenge omukulukadhi gwe gumwe a valele aakwana, nena iha tulwa koshipundi shuukwaniilwa, onkene omukwaniilwa oha ihumbata nawa opo kaa ka shundulwe ngele a si (Salokoski, 2006). Pethimbo lyoosa aantu ohaa imbi omaimbilo gokutanga oongombe uusiku esiku kehe. Ohaa nu omalovu. Ko otaku lilwa mokule kaakulukadhi.

5. 3 Oosa dhaAawambo nena

Eyungo lyoosa dhAawambo nena olya yooloka kwaandyoka lya kala ko pamuthigululwakalo. Pamadhiladhiloukitho gAamarkasista naakapitali oshigwana kehe tashi humu komeho ohashi lunduluka pankalathano nopamahupilo [https:// revisessociology.com](https://revisessociology.com). Opu na iinima oyindji ya

lunduluka meyungo lyoosa. Opu na wo iishona mbyoka ya dhigininwa kAawambo sigo onena. Ombepo yetondokelathano ndjoka ya kala mAawambo oyi na omwenyo sigo onena, oshoka ekwatathano pokati komazimo nombepo yuushinda mokati kAawambo oya dhigininwa nonena (Mbenzi & Lumbu, 2017).

Omuntu ngele okwa manene koshipangelo nena aantu ohaa fala oosa kegumbo. Siku ndyoka lyokufala oosa aantu ohaye ya koshitondoka, oshoka etumwalaka ohali thiki nziya kaashiwikile nookuume tali pitile kooselula, kOfeisbuka nenge kOWatsapa. Aantu mboka taye ya koshitondoka ohaye ya taa lili nenge yamwe taye ya taa imbi omaimbilo goosa. Ohashi vulika taku ningwa euvithopopitho komukwambepo gontumba opo a talaleke oomwenyo. Onkalo yokutondokelathana ndjika otayi ulike kutya okwiymbelathana, okukwathathana nokuuvilathana okwo edhilo lyomuthigululwakalo gwaantu mboka yi itaala mokukwathathana (Markus & Kitayama, 1991). Shika osha yela kutya eso nefumbiko oloyo oshinima shaayehe shono hashi pendutha olukeno maantu oyendji (Maloka, 1998).

Konima aakwanezimo otaa gongala nokupopithathana pamblewa notaa uvathana kutya otaa ningi po shike mesiku ndyoka. Ngele aantu ya gongala oyendji, aakwazimo ohaa ningi okagongi yu uthe kutya efumbiko otali tengenekwa li ningwe uunake yo taa ipe iinakugwanithwa ya yoolokathana. Olundji ngashingeyi ohapu tulwa okangundu kefumbiko hoka ka kwatela mo naayeni opo ka tule iinima pomahala. Okangundu haka ohaka kala taka gongala kehe esiku opo ka tale ngele mboka ya pewa iinakugwanithwa oye yi gwanitha po tuu. Iinakugwanithwa ongaashi okukonga onzapo yeso nokuungaunga niikwamblewa yilwe. Aantu yamwe otaa inekelelwa okukonga ootenda, okukonga iikulya nosho tuu. Oshinyanga shegongalo ohashi tseyithilwa wo pamblewa nokukuthilwa ko kombinga yomalongekidho.

lidhila mbyoka ya kala ya dhigininwa nale kombinga yoosa oyindji inayi dhigininwa we, oshoka yimwe kayi na we uuningilo. Oshiholelwa, okutyaya iikuni yoosa ohaku ningwa nena omolwomatompelo nga: Aantu yamwe oye li miilando nenge momatatandoolopa momagumbo gomakuma nenge muumbashu. Oshikwawo omagumbo ogendji gomomikunda oga tungwa pashinanena nokapu na iiti yokuyota. Omagumbo wo ngoka ge na iiti itayi vulu okuyotwa po, oshoka ompumbwe yiiti oya ninga onene she etwa kooveta dhoshinanena tadhikondjitha embugaleko nosho wo keshonopalo lyomakuti. Shika osha hala okutya kaku na we iitoko naanaa oku na owala omutoko, oshoka iitoko ohayi zi kiiti yanakusa.

Osha yela kutya iidhila haaluhe tayi kala ya dhigininwa ngele itayi endele pamwe nethimbo. lidhila niipwe ohayi pumbiwa methimbo

lyontumba opo yi pangele onkalamwenyo methimbo ndyoka, ihe ngashingeyi oyindji yomuyo oya kwisha omolwembombolokelo miilando nomolwehumokomeho. lidhila yimwe oya li tayi longo ihe ethimbo nena olya lunduluka. Itashi kwatha sha okukanyatela kehe shoka aantu ya thigilwa kaakuluyonale ngele otashi sitha ehumokomeho oshimpwininika (Baffoe, 2005 & Kwame, n.d).

Omaihumbato gaantu oyendji moosa dhoshinanena otaga monika inaaga nika engungumano. Elongitho lyomalovu olya vuka notaga nuwa pamukalo gwokututhika. Okwa nongelwa aalilasa yamwe taa longitha omatumbulo ngaashi: Onda sila ko enota koosa. Koosa okwa li owala omeya omatalala. Shika otashi holola kutya aalilasa yamwe ohaa endeke sha shilwe hakuhekeleka aathigwapo. Oshikwawo otashi holola kutya aantu yamwe ya lopela okunwa nokulya ya kute nomoosa.

Elaka lyomoosa olya dhigininwa nonena. Aantu ohaa popithathana pamukalo gwomoosa. Ihe iithindikili yepopithathano ngaashi okuminikathana nokupapatelathana oya ninga wo oshito- polwa shepopithathano lyAawambo moosa. Eluko lyomadhina ga pamba oosa gaanona olya tsikila. Elaka lyiitya ya nkotsekwa okatungithi okashunduli *oshi-* ohali longithwa nonando eityo nena lyiitya mbyoka otali funga.

Muuyuni wonena omuntu iha fumbikwa siku a mana oondjenda. Ohashi vulika ta fumbikwa konima yomasiku gaali, gatatu nenge konima yoshiwike nenge moompito oonshona konima yomasiku ge vule poshiwike. Omutumba gwoosa nguka omule ogwe etwa konkalo yoshinanena mono aalilasa ye na okuungaunga niikwambelewa oyindji. Ashike poompito dhimwe ohashi uthwa wo kutya omuntu okwa manene oondjenda peni, oshoka aantu yamwe otaa manene oondjenda pondje yoshilongo nenge kondoolopa yi li kokule negumbo. Oyendji ihaa tala we ngele omwaalu gwomasiku ogwi isheka nenge ogwi iyalula. Okulelepeka omutumba gwoosa okwa konekiwa wo muGhana mono omutumba gwoosa tagu lalakanene uuzeko, uutumbentu nuulongelwe wezimo lyontumba, oshoka ngele nakusa okwa za mezimo lyaaazeko efumbiko ohali kala lyuuzeko, taku tseyithwa eso nefumbiko miifo nomiikundaneki yilwe, aalisa otaa zala yo taa zalulula, iikunwa yomaludhi gaa yoolokathana otayi holoka niikulya otayi telekwa kuuhangano wokuteleka oondya (Boateng & Anngela-Cole, 2016).

Onkalo ya tya ngaaka oya vuka wo mokati kAawambo nena, oshoka oosa dhomazimo omazeko otadhi imonikila, oshoka kehe shoka tashi longithwa ohashi kala shomuthika gwopombanda. Esiku lyoshituthidhimbulo nesiku lyefumbiko ohapu vulu pu kale omizalo dha yoolokathana. Shika osha hala okutya ohaku longekidhwa omizalo dhowina dhoosa dhaakwazimo konyala naanaa ngaashi hashi ningwa

pohango. Eteleko lyiikulya ohali kala lya dhenga mbanda, oshoka aalilasa otaa li onyama, hashinyama. Otaa nu omalovu, hayilovu. Onkalo ya tya ngeyi ohayi gwilile po aalilisa pamahupilo. Allotey (2007) oku uvite kutya aantu inaa sithwa uunye ya longekidhe omafumbiko gondilo, oshoka iikwatha yefumbiko oyindji ohayi zi moshigwana. Ashike Boateng naAngela-Cole (2016) otaa holola kutya mokati kAaghana omu na aagandjimbedhi taa popi kutya Aaghana ohaa longitha unene iimaliwa oyindji maasi shi vule okukwathela aanamwenyo. Osho oshidhigu okupangela ombepo yethigathano pamahupilo, ihe otashi kwatha noonkondo uuna Aawambo taa tsuwa oshenyo ya kwatwe kombepo yoondjoolola pokati koombwiinayi noombwaanawa.

Uuthiga ihawu mbulukutilwa we naanaa ngaashi sha li nale, oshoka omalelo agehe gahetatu gopamuthigululwakalo oga tsa kumwe opo aaselekadhi naanona yaa hepekwe we (Ooveta dhOshilongo shOndonga, 1997). Kakele kaashono Oveta yEpangelo lyaNamibia yomomumvo 2005 otayi utha opo aavalwa naathigwapo yopetindi yalwe oyo ya ninge aathigululi yanakusa. Oveta ndjika oya patela kondje embulukutilo lyuuthiga kaakwazimo ngaashi osho sha kala omukalo. Ethigululo wo lyaaselekadhi naaselelume kaakwazimo olya ninga oshinima shonkuluyonale mokati kAawambo. Ethigululo lyaaselelume naaselekadhi kaakwazimo olya tameke okukwisha poomvula dhomilongo heyali nomilongo hetatu. Shika oshe etwa keputuko nokongeleka ndjoka ya li ya dhini kehe shoka sha li shaashi shopaKriste (LeBeau, 2005). Ashike kapu na naanaa uumbangi wokosindo tawu holola kutya ongeleka oyo ya siililike ethigululo lyaaselekadhi naaselelume kaakwazimo. LeBeau (2005) okwa holola kutya otashi vulika etaandelo lyombuto yo-HIV nalyo wo lya shunitha pevi ethigululo lyaaselelume naaselekadhi. Shika otashi tengeneke kutya aantu oyendji oya shushuma okuthigulula aaselekadhi naaselelume unene ngele otapu fafayekwa eso lye etwa kombuto yo-HIV.

Nande pwe ya omalundululo methigululo, iipako yezimo nomaliko gezimo otaga kuthwa po natango kezimo. Sha hala kutya sigo onena opu na uuthiga mboka hawu yi kezimo lyanakusa pwaa na omangongoto. Aathigululi wo otaa kambadhala ngaashi taa vulu opo ya fudhithe ezimo pamukalo nguka nenge gwiwaka sho haa pe po natango aakwazimo yanakusa puuthiga wawo.

Oosa dhaakwaniilwa inadhi yooloka unene kudhaananentu yalwe, oshoka aantu ihaa indikwa we ya longe ngaashi sha li omukalo nale. Ishewe oosa dhaakwaniilwa nena otadhi kwata ethimbo li thike pamwe konyala nolyaazeko aakwawo. Eyooloko oli li owala mpoka kutya sigo onena ondigolo odhakuli oya tegamenwa moosa dhomukwaniilwa nontakumandjimbo yopakwaniilwa oya dhigininwa ngaa. Momumvo 2012 pethimbo lyefumbiko lyOmukwaniilwa Jafet Munkundi okwa li kwa

vutwa nokuningwa oshitewo shoosa. Aasamane yaali oya tangumuna siku lwefumbiko. Gumwe ota tangumuna ta popi uukwatya uwanawa womukwaniilwa. Omanga mukwawo ta yamukula, ta ti: *Ombadje ja lila omutenya gwaankala. Onkoshi ja lala, onime jetu ja taandela ja kwata miiti.* Eso lyomukwaniilwa wo ihali vulu we okuholekwa uule wethimbo ngaashi sha li nale, oshoka uuyuni owa ninga wiipangelo yi li montaneho.

Oshikwawo ishewe omafumbiko nenge oosa dhaanenentu dhimwe odha kankamekelwa kuupendafule wekondjelomanguluko. Pethimbo lyoosa dha tya ngaaka oshilongo ashihe ohashi tulwa 'meyungo lyoosa' oshoka omapandela agehe ohaga tsilikwa etata opo ku kusimanekwe omusi palombwelo lyElelo lyaNamibia. Ondjembo ohadhi umbwa pefumbiko lyomapendafule nolyaakwiita.

6. Omayiyuvo gaakuthimbinga kombinga yeyungo lyoosa dhAawambo

Omayiyuvo gAawambo otaga pumathana, oshoka opu na mboka ye wete kutya efumbiko nali kale lya nuka po. Opu na wo mboka yu uvite kutya onawa oosa dhi kale ngaa pomuthika gwa yeleka. Aakuthimbinga omulongo nayaali yomaakuthimbinga omilongo mbali oyu uvite kutya itaa popile oosa dha weya, oshoka inaa hala ya talike ya thigala. Gumwe gwomaakuthimbinga mbaka okwa ti:

Kapu na uusama ngele aantu taa longitha iinima yondilo poosa, oshoka olundji iinima mbyoka tayi longithwa oyanakusa mwene. Inandi itaala moosa dhonkuluyonale dhokulya iimbombo. Oosa odha gwana okulongekidhwa nawa e tadhi kala tadhi fuula.

Omukuthimbinga omukwawo okwa popi wo nomuthindo kutya:

Uuyuni ngashingeyi owa huma komeho. Iinima mbyono yokulya oonyama inaadhi towala ya li ko nale, itayi kwatha nena. Omuntu owa pumbwa okulongekidhila nakusa efumbiko lya dhenga mbanda. Aantu mbo taa vulu naa longithe iinima yondilo poosa. Ngame ite popile ezimo lyandje li yolwe kaantu moosa. Iinima yondilo poosa otayi pumbiwa. Ngele omuntu okwa za mezimo li itumba nashi imonikile nopoosa.

Shika otashi ulike kutya opu na Aawambo oyendji taa popile oosa dhondilo. Oye wete kutya oosa dhombiliha otadhi tula ezimo pevi. Shino otashi holola wo kutya uundilo woosa itawu hulu mbala nuupu, oshoka aakuluntu otaa nwetha mo oyana opo ya longekidhe oosa dhondilo naashika otashi taambathanwa kepipi nepipi. Shika otashi thiminike

nduno pu kale omathigathano gopamahupilo pokati komazimo. Otashi vulika shi fale omazimo gamwe muupyakadhi wiimaliwa omolwoondondo dhomahupilo dhaa thike pamwe.

Nonando taku holoka omwaalu gwa londa kashona tagu popile oosa dhondilo, oku na wo omwaalu omuhwepo gwaakuluntu tagu tsu ondumbo noosa dhondilo, oshoka aantu yahetatu oya holola kutya okuninga oosa dhondilo itaku holola esimaneko lyomusi notaku etele oshigwana uupyakadhi, onkee omukuluntu gumwe ngoka itaa popile ondilo yoosa okwa ti:

Oosa dhoshinanena odha kakanywa unene komayiyelutho nomathigathano. Aantu otaa landa ikulya niikunwa yondilo. Otaa zalazala omizalo omipe dhoosa, onkee eitoyo lyoosa olya kana thiluthilu. Ngele owa adha aantu taa longekidha ikulya yoosa, otashi vulika wu tye oye li mohango. Ohenda sho oshigwana shetu sha gwile monkalo ndjika notashi nyengwa okwiipatukununa mo. Okuyotha, okukanga oonyama nokuteleka osilaye itaku kwatathana noosa notaku holola twaa na esimaneko nanakusa.

Omukuluntu omukwawo okwa keme ta ti:

Kaku na we naanaa eyooloko pokati kohango noosa, oshoka omalongekidho konyala oga faathana. Otaku longekidhwa ootenda niikwatelwa yondilo. Oshike mbela she eta onkalo ndjino? Itashi ti ando oshigwana osha ninga oshiyamba. Aantu kaa thike pamwe ngaa, ihe kehe gumwe oti iyeke owala.

Omukuthimbinga gulwe wo okwa gandja omayiyuvo pauhupi ngaashi tashi landula:

Otashi yemateke sho aantu taa longitha iimaliwa oyindji moosa inaashi pumbiwa. Ando moosa natu ninge owala ka makela kaka sa. Inashi pumbiwa okulya nokunwa ofulundundu moosa, oshoka kashi shi oshituthi shenyanyu. Oosa ngashingeyi odha ninga ompito yokungeshefa nokupindika. Okuyunga oosa dhuuzeko okwa piyaganeka omukalo gwokukwathathana oshali. Onawa ngele aantu taa igatione kokwiinyongamena moosa shi vule okuninga omaulukilo guuzeko nuuhumi.

Otashi iholola lela kutya oosa odha ninga ondilo miigwana yaAfrika. MuGhana aantu otaa thitha oovidio ndhono tadhi longithwa okukwata ohungidhimbuluko nefumbiko alihe. Pomathimbo gamwe otaku ulikwa ontaulankalo yanakusa (Boateng & Anngela-Cole, (2016). Omukalo nguka ogwi iyakela wo mokati kAawambo yamwe sho haku ulikwa oontaulankalamwenyo dhoonakusa. Inaku tseyika ngele shika etalaleko nenge ahawe.

Chara (2013) okwa nongela onkalo ya faathana noyAawambo moZimbabwe nokwe yi ngongo ngaashi tashi landula:

Muuyuni wonena aantu ohaa thigathana pomafumbiko. Aakiintu ohaa zala oonguyo dhomalwaala taga tsu kumwe, ootyokola, omagala nomakende guuzeko, omanga aalumentu haa izanda mooshuta oonduudhe nomoondjakete dhondilo. Ohaku kongwa uungeshefa wokuhalitha oombiila niikulya owo wu etele aalilasa oombiila niikulya yi li muupaki opo aantu yi ikuthile yo yene. Aantu yamwe oye wete kutya okwiiyulika pomafumbiko okwo oshidhila noohedhi dha koloka palwe omanga pu na yamwe taa ti omuthigululwakalo ohagu lunduluka naantu naa taambe ko owala onkalo ompe. bulawayo24.com/index-id-opinion-sc-columnist-byo-30089.html

Oshiwana shili okutaamba ko onkalo ompe nomalunduluko nokashi na omungo gwasha okukanyatela owala momuthigululwakalo, ihe mokutaambako oonkalo oompe oku na wo okuyoololwa pokati kaasho tashi tungu naasho tashi piyaganeke oshigwana.

7. Ehulitho

Uuyeleele wa gandjwa mehitululokonakono ndika otawu ulike nkene aantu ya kala haa yungu oosa pamuthigululwakalo nonkene enwethemo lyoshinanena lye eta omalunduluko momayungo goosa nena. Enwethemo lyoshingolo oli li po olindji, ihe ope na wo omathegela gomuthigululwakalo. Osha holoka kutya Aawambo nena otaa longekidha omafumbiko gondilo ngoka taga tula Aawambo moongundu ndatu dhopamahupilo, aazeko, aahwepontu naathigona. Opwa holoka wo omathigathano omamenene momalongekidho gomafumbiko nogomayungo goosa. Kombinga onkwawo onkalo ompe oye eta wo euvoko epe opo pwaa kale we ontyayi ngele omukwazimo a pu po. Opu na aantu oyendji taa popile lela oosa dhi yungwe pazeko nefumbiko li ningwe pawuhumi, ihe opu na wo yamwe yu uvite kutya oosa nadhi yungwe pamukalo gweifupipiko.

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